

How to Replace a Guide

Top Track

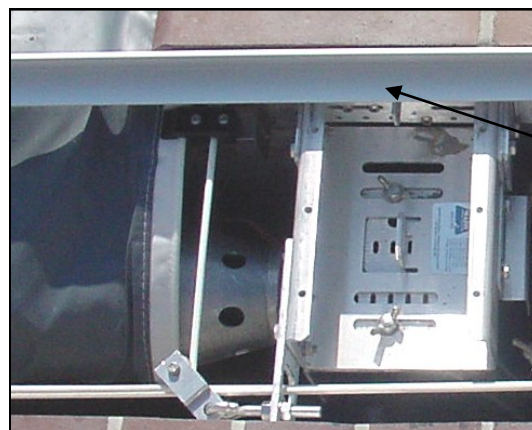
To replace a guide the cover can be in the open or closed position, but is easier closed.

- 1). You should be able to have access to the guides from the front opening, if not remove the top of the bench.
- 2). Remove the 3 (3/8") nuts that secure the guide to the threaded studs.
- 3). Remove the top half of guide, then remove the bottom half. You may need to remove a track screw if the track cannot be raised to release the guide from the forward stud.
- 4). Replace bottom half of guide over forward stud, and secure nut.
- 5). Make sure rope and cover are properly seated in the bottom half. Secure top half with the two remaining nuts.



Under Track

- 1). Take lid off the cover recess.
- 2). Remove the (3) screws and 3/8" nuts that hold the guide to the guide bracket.
- 3). Remove top half of the guide.
- 4). Remove bottom half of the guide.
- 5). Replace the bottom with the tab in center groove of the track, make sure rope and cover are properly sealed in bottom half grooves.
- 6). Replace top half of the guide.
- 7). Re-secure nuts and bolts as required.



You may have to loosen and move front extrusion to gain access to the third screw & nut